


Old Brooklyn Rose Center

Lunch Served at 12:00PM

July 2025

Monday	Tuesday	Wednesday	Thursday	Friday
	1 9:00 Coffee, open studio, crochet group 12:30 Stability & Strength AM Shopping	2 9:00 Coffee & Music 10:00 Open Discussion 12:30 Gentle Yoga	3 10-12 4th of July Party 10:45 Mobile Post Office 12:30 Music Bingo AM Shopping	Center Closed: Independence Day 
7 9:00 Manic Mondays 10:00 Veggie Box Day 10:00 Cooking Demo 12:30 Bingo AM Shopping	8 9:00 Coffee, open studio, crochet group 12:30 Stability & Strength AM Shopping	9 9:00 Coffee & Music 10:00 Open Discussion 12:30 Gentle Yoga	10 9:00 Coffee social 10:00 Hiking/Trivia 11:00 Chair Volleyball 12:30 Bingo AM Shopping	11 10:00 Nature Club 12:30 Tai Chi
14 9:00 Manic Mondays 10:00 Cooking Demo 12:30 Bingo AM Shopping	15 9:00 Coffee, open studio, crochet group 10:00 Self Care/Cassie 12:30 Stability & Strength AM Shopping	16 9:00 Coffee & Music 10:00 Open Discussion 12:30 Gentle Yoga	17 9:00 Coffee social 10:00 Hiking/Trivia 10:30 Blood Pressure Screenings 11:00 Chair Volleyball 12:30 Bingo AM Shopping	18 10:00 Nature Club 12:30 Tai Chi
21 9:00 Manic Mondays 10:00 Cooking Demo 12:30 Bingo AM Shopping	22 9:00 Coffee, open studio, crochet group 12:30 Stability & Strength AM Shopping	23 9:00 Coffee & Music 10:00 Open Discussion 12:30 Gentle Yoga	24 9:00 Coffee social 10:00 Hiking/Trivia 11:00 Chair Volleyball 12:30 Bingo AM Shopping	25 11:00 Goodtime III 12:30 Tai Chi
28 9:00 Manic Mondays 10:00 Cooking Demo 12:30 Bingo AM Shopping	29 9:00 Coffee, open studio, crochet group 12:30 Stability & Strength Farmer Market on Site AM Shopping	30 9:00 Coffee & Music 10:00 Open Discussion 12:30 Gentle Yoga	31 9:00 Coffee social 10:00 Hiking/Trivia 11:00 Chair Volleyball 12:30 Bingo AM Shopping	